Robert Carcich Supervisor of Athletics, PE and Health Phone: 973-890-2587 Fax: 973-890-2583 Email: carcichr@pvhs.k12.nj.us



Passaic Valley Regional High School East Main Street Little Falls, New Jersey 07424

Dear Parent/Guardian:

Passaic Valley High School is currently using the ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) program for our student-athletes. ImPACT is a computerized exam used to successfully diagnose and manage concussions. This program will assist our school physician/athletic trainer/school nurse in evaluating and treating head injuries (e.g., concussion). If an athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of the head injury and when the injury is fully healed. Our Board of Education has mandated that every student who participates in athletics at Passaic Valley High School is required to partake in the ImPACT program prior as per ImPACT guidelines. Additional information can be found at <u>www.impacttest.com</u>.

This non-invasive test is set up in a "video-game" type format and takes about 25-35 minutes to complete. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed and concentration. It is not an IQ test and this test will not be placed in a student's academic file, only on their medical file. This test will be given once every other school year. All tests will be taken at Passaic Valley High School under our supervision.

If a concussion is suspected, the athlete will be required to re-take the test. Both the preseason and post-injury test data is given to our school medical inspector or neurophysiologist to help evaluate the injury. The information can also be shared with your family doctor. The test data will enable these health professionals to determine when return-to-play is safe for the injured athlete. If an injury of this nature occurs to your child, you will be promptly contacted.

We are excited to offer this program as it provides us the best available information for managing concussions and preventing potential brain damage that can occur with multiple concussions. Passaic Valley High School is striving to keep your child's health and safety at the forefront of the student athletic experience. Please return the attached page with the appropriate signatures. If you have any further questions regarding the ImPACT program please feel free to contact our athletic trainer, Mr. Olivieri at 973-890-2537

Sincerely, Robert Carcich Athletic Director